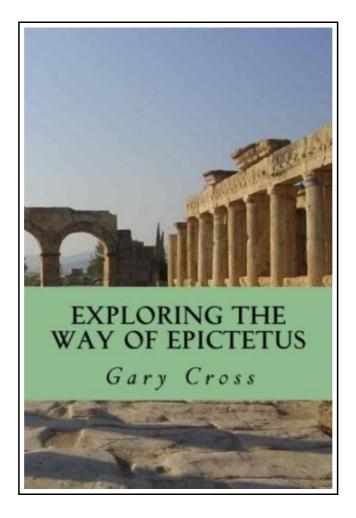
# Exploring the Way of Epictetus: His Destination, Directions and Strategies



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### Reviews

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(Jamar Stracke)

### EXPLORING THE WAY OF EPICTETUS: HIS DESTINATION, DIRECTIONS AND STRATEGIES



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Epictetus, a Greek Stoic philosopher who lived 1900 years ago, suggested that we all seek to be calm, free and have our desires met. This book explores Epictetus way to achieving these including the problems that Epictetus identifies as the reasons for us not achieving these; the directions that Epictetus offers to help us to achieve these; and finally the strategies that Epictetus offers to help us to overcome the problems, to successfully follow his directions and ultimately to be calm, free and have our desires satisfied. Quotations are new translations from the Greek texts available today. All key words are linked to the original Greek words together with their meanings and nuances, allowing readers to explore the full richness of the original Greek words and to choose the meanings and nuances that they think better suit particular quotations. This book is part of the series Ways of the World in which the teachings of the founders of different religions and philosophies are explored to determine: the destination that we are told to seek; the directions offered to help us to reach that destination; problems that we are told will hinder us on our way; and finally strategies that are offered to help us to overcome these problems, and to successfully follow the directions. This format not only helps to better understand each way, but also makes it easier to compare the various ways. Gary attempts to report the results of his explorations in an impartial manner and does not necessarily agree with every aspect of the way and its associated concepts and beliefs.

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